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ABSTRACT

Human relationships and sexuality programs are a relatively new part of school curriculums, and rely on volunteer teachers who believe that this kind of knowledge is important for students to have. This collection of background readings, teaching strategies, and learning activities is put forward to try to make those teachers' jobs a little easier. Chapter 1 provides a rationale for teaching adolescents about contraception. Chapter 2 contains a listing of articles that extend and strengthen the reasons supporting contraceptive education, and corroborate and expand on information incorporated into the learning activities chapter. Chapter 3 offers guidelines for classroom organization. The practical implications of cooperative learning strategies require changes in the seating and grouping of students, in student learning behaviors, in the teacher's role, and in the planning and presentation of learning activities. Chapter 4 contains getting-acquainted activities to help establish a cooperative and participative classroom atmosphere. The activities can occupy class time from 10 minutes to a whole period. They can be extended or shortened according to the teacher's timetable and the responses of the group. Chapter 5 contains learning activities ranging from simple to complex, including a contraceptive quiz. The activities are divided according to decision-making, contraceptive methods, and contraceptive choice. Resources, a glossary index, and space for collecting newspaper clippings are also provided. (LLL)

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